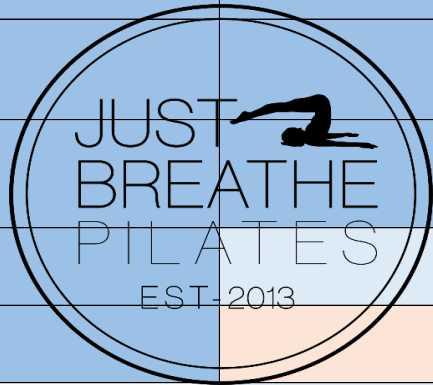


# JUST BREATHE PILATES -SUMMER SCHEDULE

July 1st to August 24th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45am			Group Apparatus - Level 2 -1 space available	Private lesson - 6:45am		
8:00 AM			Mens Group Apparatus - FULL	Private lesson - 8AM		
9:00 AM	Level 2 Mat class (7) - 1 space			Level 2 Mat class (7) - FULL		
9:30 AM		9:45 - Level 3 apparatus - 1 space	Private Lesson			
10:15am	Private lesson			Level 3 apparatus (FULL)		
11:00 AM		Group Apparatus - Level 2 - Waitlist	Private Lesson			
11:30am	Available for Private lesson			Teachers collective class		
12:00 PM				12:45pm Group Apparatus - Level 2 (Waitlist)		
3:30 PM	Private lesson	Private lesson - Available				
4:30PM	Level 3 apparatus (Waitlist)	Level 3 apparatus (Waitlist)	Group Apparatus - Level 2 -1 space available	Level 3 apparatus - 1 space		
5:30pm	Level 2 apparatus (Waitlist)	Intro Series (Waitlist)		BEGINNER SERIES -2 spaces		
7:00 PM	*Current Clients can book online on Jane app at <a href="https://justbreathepilates.janeapp.com">justbreathepilates.janeapp.com</a>					

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